

HEALTH GOAL

We seek to increase understanding of issues related to behavioral health needs and improve access to available community resources and services

Measurable Objective #1

Children, youth, and adults will utilize services that support the family and promote positive emotional, psychological, and social wellbeing.

Intended Results

- **Improved family wellness and promote healthy behaviors.**
- **Parents/guardians, children, and youth are in family-focused programs and interventions.**
- **Reduced family violence.**

How much did we do?

of children and/youth served by the program
 # of adults served by the program
 # of people with disabilities served by the program
 # of families served in the program
 # of counseling/therapy sessions provided
 # of outreach/engagement activities
 # of education/prevention sessions provided
 # of education hours provided to staff
 # of education hours provided to volunteers
 # of education hours provided to the community
 # of education hours provided to program participants
 # of referrals to other service providers

How well did we do it?

of adults who successfully completed parenting classes
 # of children and/or youth successfully completing mental and/or behavioral health education programs
 # of adults successfully completing mental and/or behavioral health education programs
 # of families successfully completing mental and/or behavioral health education programs
 # of people with disabilities successfully completing mental and/or behavioral health education programs
 # of children and/or youth successfully completing the course of their counseling/therapy sessions
 # of adults successfully completing the course of their counseling/therapy sessions
 # of people with disabilities successfully completing the course of their counseling/therapy sessions
 # of families successfully completing the course of their counseling/therapy sessions
 # of participants connected with information, resources, tools, and/or trainings
 # of staff trained to deliver quality programs/services

Is anyone better off? (Number and Percentage)

% Increase in participant's knowledge of issue-specific prevention strategies
 % of families who demonstrate improvement in symptoms during counseling/therapy services
 % of participants who achieve their individual goals
 % of participants who achieve their family goals
 % of participants who demonstrate positive involvement and/or engagement with their children
 % of participants able to articulate successful parenting strategies
 % of parents able to demonstrate an increased awareness of the 5 protective factors (parental resilience, social connections, concrete supports, knowledge of parenting and child development, social and emotional competence of children)
 % of participants who acted on parenting goals 6- and 12 months post program
 % of reduced incidences of child abuse and neglect reported
 % of improved family dynamics and/or functioning

**Note: This outcomes menu is a starting point. It can be modified and adjusted over time. **

Measurable Objective #2	Improve outcomes of and access to mental and behavioral health services for children, youth, and adults
<p><u>Intended Results</u></p> <ul style="list-style-type: none"> • Increased access to quality mental health care resources. • Improved coordination among existing healthcare providers. • Decreased health inequities within vulnerable populations. • Improved policy and advocacy in the areas of mental health wellness and treatment. • Increased awareness of and opportunities for mental health wellness, prevention, and early detection. 	
How much did we do?	How well did we do it?
	<p># of children and/or youth served by the program</p> <p># of adults served by the program</p> <p># of people with disabilities served by the program</p> <p># of participants assessed with barriers identified to accessing care</p> <p># of counseling/therapy sessions</p> <p># of outreach/engagement activities</p> <p># of education sessions provided</p>
	<p># of participants who saw a decrease in barriers to accessing care</p> <p># of children and/or youth successfully completing mental and/or behavioral health education programs</p> <p># of adults successfully completing mental and/or behavioral health education programs</p> <p># of people with disabilities successfully completing mental and/or behavioral health education programs</p> <p># of children and/or youth successfully completing their course of counseling/therapy</p> <p># of adults successfully completing their course of counseling/therapy</p> <p># of people with disabilities successfully completing their course of counseling/therapy</p> <p># of children and/youth who received psychiatric treatment</p> <p># of adults who received psychiatric treatment</p> <p># of people with disabilities who received psychiatric treatment</p> <p># of staff trained to deliver quality programs/services</p> <p># of participants connected with information, resources, tools, and/or trainings</p> <p># of policies promoted, enacted, or modified to promote mental and behavioral health</p>
	Is anyone better off? (Number and Percentage)
	<p>% reduction in non-emergent emergency room visits for mental health</p> <p>% of children and/or youth who demonstrate behavior change related to positive progression through services provided</p> <p>% of adults who demonstrate behavior change related to positive progression through services provided</p> <p>% of people with disabilities who demonstrate behavior change related to positive progression through services provided</p> <p>% of children and/or youth who have improved health outcomes (self-report or other)</p> <p>% of adults who have improved health outcomes (self-report or other)</p> <p>% of people with disabilities who have improved health outcomes (self-report or other)</p> <p>% of children and/or youth who have increased success in managing their symptoms</p> <p>% of adults who have increased success in managing their symptoms</p> <p>% of people with disabilities who have increased success in managing their symptoms</p> <p>% increase in children and/or youth who self-report being able to access appropriate and affordable mental and/or behavioral health care</p>

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	<p>% increase in adults who self-report being able to access appropriate and affordable mental and/or behavioral health care</p> <p>% increase in people with disabilities who self-report being able to access appropriate and affordable mental and/or behavioral health care</p> <p>% of children and/youth served who adopt healthy behaviors and avoid/reduce risky behaviors</p> <p>% of adults served who adopt healthy behaviors and avoid/reduce risky behaviors (e.g. alcohol, drug abuse)</p> <p>% of people with disabilities served who adopt healthy behaviors and avoid/reduce risky behaviors (e.g. alcohol, drug abuse)</p> <p>% reduction of children and/or youth feelings of isolation</p> <p>% reduction of adults feelings of isolation</p> <p>% reduction of people with disabilities feelings of isolation</p> <p>% reduction of children and/or youth suicide ideations and/or attempts</p> <p>% reduction of adults suicide ideations and/or attempts</p> <p>% reduction of people with disabilities suicide ideations and/or attempts</p> <p>% of children and/or youth successfully discharged from counseling</p> <p>% of adults successfully discharged from counseling</p> <p>% of people with disabilities successfully discharged from counseling</p> <p>% of children and/or youth successfully discharged from substance abuse treatment</p> <p>% of adults successfully discharged from substance abuse treatment</p> <p>% of people with disabilities discharged from substance abuse treatment</p>
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